

## Zero Voice

When I am in class I need to remember to have a “zero” voice. If I forget a zero voice, my friends might remind me. Sometimes, my friends will show me a zero with their hands.

When my friends show me a “zero” with their hands, it might annoy me. When my friends show me a “zero” with their hands, it might make me mad. It is okay to be annoyed or mad. It is not ok to hit my friends. It is not ok to push their hands away.

Instead of pushing their hands away I can say:

“please don’t do that”

“thank you for reminding me”

“I will have a zero voice”

I need to remember to have a zero voice in class. It makes my friends and teachers happy when I use a zero voice in class.