

## Not Getting My Way

At school, we often have to do things we don't want to do. The teacher will ask us to do something, and sometimes we don't want to. It is okay, but we still have to do what the teacher asks. It is not ok to say "no" to a teacher when they ask us to do something.

Many times we have to work in groups. We do not always get our way when we work in groups. It is ok to be sad or mad, but it is not ok to cry.

Many times in school we do not get our way. It is ok to feel sad or mad. It is not okay to say "no" or cry.

Instead of saying "no" I can say:

"That's ok, I don't always have to get my way"

"That's ok, maybe I will like the next thing we do"

"That's ok, maybe I will get my way next time"

It makes our friends happy when we are kind. It makes our friends happy when we stay calm.

It makes our teacher happy when we listen. It makes our teacher happy when we do what they ask.

It is ok to feel sad when we don't get our way. It is not ok to cry or say "no"

It is ok to feel sad when we have to do things we don't want to. It is not ok to cry or say "no"