

Following Directions

In school, teachers often ask me to do things in the classroom. Sometimes, I do not want to do what the teacher asks me to do. Even though I don't always want to do what the teacher asks us, it is a school rule to follow directions. I must listen to my teachers.

It is not ok to say "no" to a teacher when she asks me to follow a direction. If I don't want to do what the teacher asks me to do, there are two things I can say to myself:

"Even though I don't want to do this, I know it is important to follow the rules and do what my teacher asks"

"Even though I don't want to do this, I will give it a try."

Sometimes my teacher will give me a choice. If I chose to do what the teacher asks later, that is ok. I still need to follow directions and do what the teacher asks.

It makes my teacher happy when I follow directions.