## Clinic information



Sarah Bleier, APNP, FNP-C Prevea Nurse Practitioner (844)616-3556 Online scheduling available at: www.prevea.com/NJSD

## Neenah Joint School District Health & Wellness Center

Mon. 7 a.m. to 1 p.m.
Tues. 11 a.m. to 5 p.m.
Wed. 7 a.m. to 1 p.m.
Thurs. 11 a.m. to 5 p.m.

Fri. 7 a.m. to 1 p.m.

The clinic has been open just over six years, so it was suggested that a reminder of available services may be helpful. Over the next few weeks, we'll introduce (or re-introduce) the clinic staff and will also provide a reminder of available services.

My name is Sarah Bleier, and I am a board-certified family nurse practitioner. I began practicing at the Neenah Joint School District Health and Wellness Center in 2017 after earning my doctorate in nursing practice from UW Oshkosh- go Titans! I enjoy this clinic because of the variety of visit types we see- an interesting mix of sick visits, injuries, wellness exams, and chronic disease management. I also enjoy the unique ability to offer a reasonable length of time for appointments, where connections can be made with each patient I see. You may also see me walking near Shattuck Middle School, as I live so close to the clinic that I usually walk to work. (I like to joke that if the clinic were on the opposite side of the school building, my commute would be half of what it is.) Outside of work, I like to walk, run, cook, read, and spend time with my husband and two school-aged children.

The Neenah Joint School District Health and Wellness Center is open to NJSD employees who are eligible for the school district's insurance plan, and those employees' spouses and dependents are also eligible. If you elect to take the school district's insurance, rates for clinic services are lower than if you are not on the district's insurance, but any benefits eligible employee (and their spouse and dependents) can come to the clinic.

Much of what we see are same-day acute visits (sore throat, sprained ankle, rash, etc), and in many cases we can see you on the same day you call for this type of appointment. For acute visits, we can see patients aged 6 months and older. I also see patients who have chronic disease needs such as thyroid conditions, type 2 diabetes, anxiety, and depression. I can also perform the yearly physical for those age 7 years and older (including children, adolescents, and adults). We also do a lot of sports physicals.

Lastly, when you come for a visit at the Health and Wellness Center, we can always tell you up front how much any visit or test will cost. Fees are collected at the time of service, and you should not receive a surprise bill for services or tests performed at this clinic. Next week you'll meet the clinic health assistant, and we'll talk about how to schedule an appointment.