

Picking Partners

In school, we often have to do activities with partners. Teachers like it when we work together. Everyone has a special friend that they want to be partners with. Most often, we don't get to be partners with our special friend. That is ok. Sometimes we do get to be partners with our special friend.

It makes people sad when they don't get to be partners with their special friend. It's ok to be sad about that. When you don't get to be partners with your special friend you can say:

"That's ok, maybe I will get to be partners with them next time."

or

"Even though I didn't get my first choice, I still like this partner."

When we choose partners in school you often don't get to be partners with your special friend. It's ok to be sad about that but I don't need to have a meltdown. Instead, I can stay calm and tell myself.....maybe next time!