

Health Class Personal Inventory
Checklist for Choosing a Mate

Name _____

What qualities are really important to you in looking for a partner or mate? Read the list below and make checks by those characteristics that you consider most important.

- | | | |
|---|---|---|
| <input type="checkbox"/> flexible | <input type="checkbox"/> sensitive | <input type="checkbox"/> interesting |
| <input type="checkbox"/> creative | <input type="checkbox"/> sure of own values | <input type="checkbox"/> responsible |
| <input type="checkbox"/> romantic | <input type="checkbox"/> tolerant | <input type="checkbox"/> sense of humor |
| <input type="checkbox"/> good companion | <input type="checkbox"/> no hereditary diseases | <input type="checkbox"/> hard worker |
| <input type="checkbox"/> well-educated | <input type="checkbox"/> intelligent | <input type="checkbox"/> flirtatious |
| <input type="checkbox"/> wants children | <input type="checkbox"/> neat and orderly | <input type="checkbox"/> fun-loving |
| <input type="checkbox"/> expresses feelings | <input type="checkbox"/> honest | <input type="checkbox"/> risk-taker |
| <input type="checkbox"/> good health | <input type="checkbox"/> loyal | <input type="checkbox"/> jealous |
| <input type="checkbox"/> religious | <input type="checkbox"/> exciting personality | <input type="checkbox"/> nonsmoker |
| <input type="checkbox"/> from a good family | <input type="checkbox"/> athletic | <input type="checkbox"/> careful |
| <input type="checkbox"/> kind | <input type="checkbox"/> sexy | <input type="checkbox"/> affectionate |
| <input type="checkbox"/> aggressive | <input type="checkbox"/> possessive | <input type="checkbox"/> friendly |
| <input type="checkbox"/> listens well | <input type="checkbox"/> ambitious | <input type="checkbox"/> same religion |
| <input type="checkbox"/> decisive | <input type="checkbox"/> physically attractive | <input type="checkbox"/> avoids drugs/alcohol |

From the qualities you checked, choose the five that you think are *most* important. List them below and explain why you chose them.

First choice: _____ because...

Second choice: _____ because...

Third choice: _____ because...

Fourth choice: _____ because...

Fifth choice: _____ because...

Do any of those you checked surprise you? If so, which one(s)?

Were you surprised to leave any out? If so, which one(s)?