

Welcome

The Al-Anon/Alateen Family Groups are a fellowship of friends and relatives of alcoholics who share their experience, strength, and hope in order to solve their common problems.

We believe that alcoholism is a family illness and that changed attitudes can aid recovery. The primary purpose of Al-Anon and Alateen Family Groups is to help friends and family members of alcoholics whether the alcoholic is still drinking or not.

Here you'll meet others who have gone through experiences similar to yours. You can share your story in comfort, knowing that your anonymity is protected. You'll find Al-Anon/Alateen literature and materials as well as other tools to help you get back the sanity and serenity you deserve.

As a newcomer, you may feel that you're here for the alcoholic . . . that you may learn how to stop his or her drinking. The truth is that you're here because of the alcoholic and not for the alcoholic. You'll learn that you did not cause the alcoholic to drink, that you cannot control his or her drinking, and that you can't cure the alcoholic. You're here for yourself. This is your program, your recovery from the effects of the disease of alcoholism.

Keep coming back. It works!

Is Al-Anon/ Alateen for Me?

Millions of people are affected by the excessive drinking of someone close, perhaps a family member, coworker, friend, or neighbor. Take a look at these questions to see if Al-Anon or Alateen may help you.

- Do you worry about how much someone else drinks?
- Do you tell lies to cover up for someone else's drinking?
- Do you feel that there's no one who understands your problems?
- Do you feel that drinking is more important to your loved one than you are?
- Do you make threats such as, "If you don't stop drinking, I'll leave you"?
- Do you secretly try to smell the drinker's breath?
- Have you considered calling the police for help in fear of abuse?
- Do you search for hidden alcohol?
- Are you losing sleep or time from work or school because of problems related to someone else's drinking?

If you answered "yes" to any of these questions, please consider attending an Al-Anon or Alateen meeting. You'll find people who have been through experiences similar to yours who can help you regain the sanity and serenity that you deserve.

Are you troubled by someone's drinking?

Al-Anon/Alateen may help.

24-hour hotline:
(920) 735-1155
or 800-668-2491

www.area61afg.org

– District 7 –

Serving Outagamie, Shawano,
and Waupaca counties and the
Neenah-Menasha area of
Wisconsin

**Al-Anon/Alateen
Family Groups –
Hope for families and
friends of alcoholics**

Al-Anon/Alateen Meetings – District 7

For the latest list, go to www.area61afg.org – click
Area 61 District & Meeting Lists, PDF...District 7

APPLETON

- Monday – 8:00 pm Serenity through Progress AFG
St. Mary Church, Room LL06
312 S. State Street – Ramp & elevator*
Enter at State and 8th St. – follow signs
- Tuesday – 9:30 am Attitude of Gratitude
First United Methodist Church
325 E. Franklin Street
Meeting in lower level, Rm. B113
- Tuesday – 8:00 pm Hope AFG, Room B117
– 8:00 pm Serene Teens **Alateen**, Rm B102
First United Methodist Church
325 E. Franklin Street
- Wed. – 5:30 pm Love Your Serenity AFG
Randall Court Apts – Rm 114
218 Randall St (enter side door on
Durkee St – door is unlocked until 6 PM)
- Wed. – 6:30 pm Mamas and Papas AFG
Options Treatment Programs
1000 N Lynndale Drive
Side entrance, follow signs
- Thurs. – 7:30 pm How AFG Works Book Study
Trinity Lutheran Church, Rm 6
209 South Allen Street
Enter west door by parking lot and
follow signs down stairs/ramp
- Friday – 10:00 am AFG Friday Morning at Genesis Club
1213 N. Appleton Street
- Friday – 7:00 pm Friday Night Hearthside Group
First Congregational Church
724 E. South River Street
- Saturday – 10:00 am Saturday Morning AFG**
St. Bernard Church
1617 Pine Street
Meeting in Church/School SW entrance

CLINTONVILLE

Thurs. – 7:00 pm Thursday Evening Group
24 W. 13th Street – 2nd floor

KAUKAUNA

Friday – 8:00 pm Kaukauna Fri Nite
Peace United Methodist Church
2300 E. Wisconsin Ave.

MANAWA

Wed – 7:00 pm Manawa Wednesday Night Group
St. Paul's Lutheran Church
742 Depot St.
Use back entrance, go to lower level

MENASHA

Thur.– 7:00 pm Sanity's Thursday Night AFG
206 Club
62 Racine St., parking in back
Use back entrance, go to lower level

NAVARINO

Friday – 8:00 pm Navarino AFG
Ascension Lutheran Church
Hwy 156 & McDonald Road
(3 miles west of Navarino)
^^GPS below

NEENAH

Sunday – 7:00 pm Neenah Sunday Night Rm 106
– 7:00 pm AAC Mtg Rm 101 after opening in 106
Theda Clark Medical Center

NEW LONDON

Thursday – 7:00 pm Thursday Night
United Methodist Church
709 W. Pine Street

SHAWANO

Tuesday – 7:00 pm Step into Recovery
Zion Lutheran Church
1254 S. Lincoln Street

Saturday – 8:00 am Sat Morning Early Risers Group
Shawano Medical Center
Cedar Room in new Clinic
309 N. Barlette Road

WAUPACA

Tuesday – 10:00 am Hope Renewed
Faith Community Church
N2541 County Rd K

WITTENBERG

Monday – 7:00 pm Wittenberg AFG Support Group
Holy Family-St. William Church
202 N. Ellms Street
Meeting in Mothers' Room

Thoughts to Consider

- Alcoholism is a disease that sometimes affects the behavior of alcoholics.
- Try at least six meetings before deciding whether Al-Anon or Alateen is for you. Don't expect too much too soon.
- Keep an open mind. Take what you like from the meetings and leave the rest.
- Everything said at meetings is confidential.
- We will protect your anonymity and ask that you protect ours.
- During a meeting, please feel free to share if you're comfortable or "pass" and just listen.
- To work our program, we've found these ideas to be helpful:
 - Read as much as possible about alcoholism
 - Go to meetings
 - Call people on the Al-Anon/Alateen phone list
 - Develop a trusting relationship with a sponsor
- Al-Anon is a spiritual program, not religious.
- There are no dues for fees for membership; we are fully self-supporting through voluntary contributions
- At the end of our meetings, we often share hugs. Please feel free to accept them or not.