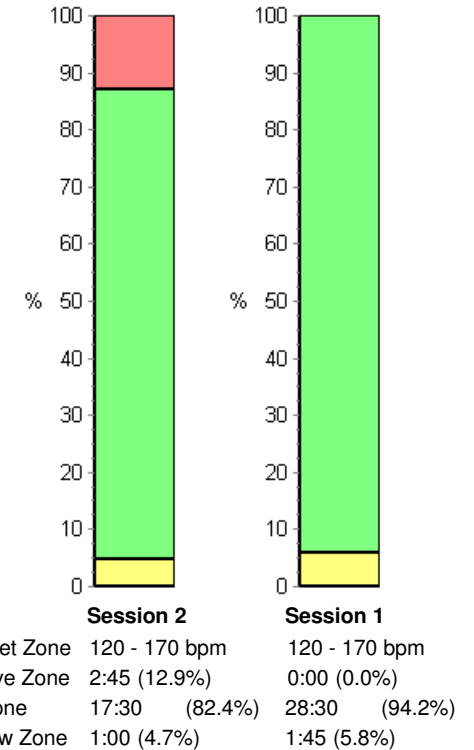
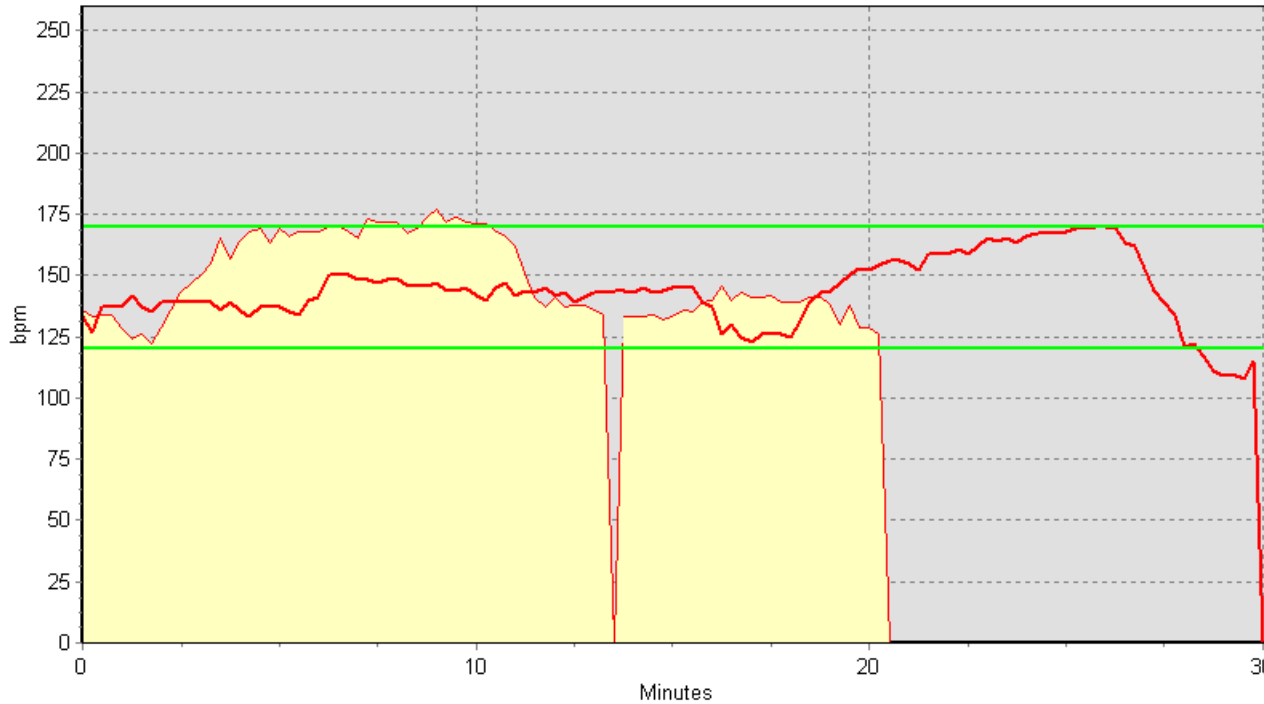


Individual Heart Rate Curve Comparison Report

Teacher: Hare, Eileen
Student: Joe High School

Date Range: Saturday, December 01, 2007 - Friday, February 29, 2008
Activities: All



Session 2

Course: Mod 1
HRM: HRM #1 (E600)
File Number: 9
Session Date: 1/31/2008 8:21:20 AM
Interval: 15 sec
Activity:
Total Time: 21:15
Average HR: 142 bpm
Recovery: 136 bpm
Total Beats: 3010
Max HR Acheived: 177 bpm
First lap warm-up: No
Last lap cool-down: No
Comments:

Laps:					
Lap	Time	Split	HR	Avg	
1	20:00	20:00	129	136	
2	1:06	21:06	0	51	

Session 1

Course: Mod 1
HRM: HRM #1 (E600)
File Number: 1
Session Date: 1/28/2008 8:15:29 AM
Interval: 15 sec
Activity:
Total Time: 30:15
Average HR: 143 bpm
Recovery: 133 bpm
Total Beats: 4319
Max HR Acheived: 170 bpm
First lap warm-up: No
Last lap cool-down: No
Comments:

Laps:					
Lap	Time	Split	HR	Avg	
1	30:09	30:09	0	130	