GRAPHICAL SUMMARY

Name: Male Student Teacher: Report Date: 02/13/09

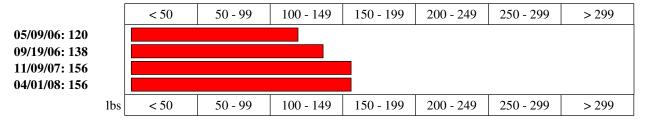
ID: 000090354 Period: Test Dates: 05/09/06; 09/19/06; Age: 16

11/09/07; 04/01/08

BIOMETRICS - Height



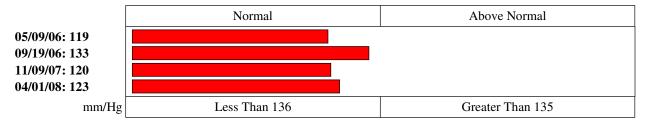
BIOMETRICS - Weight



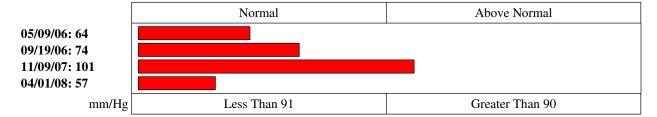
BIOMETRICS - Body Mass Index



BLOOD PRESSURE - Systolic



BLOOD PRESSURE - Diastolic



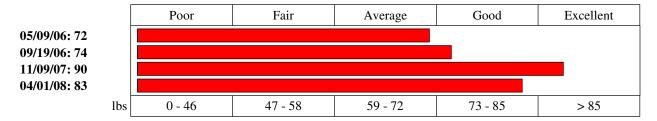
BLOOD PRESSURE - Resting Heart Rate



CARDIOVASCULAR - FitnessGram 1 mile run



BICEP STRENGTH



STRENGTH - FitnessGram Paced Curl-Ups



STRENGTH - FitnessGram Trunk Lift

05/09/06: 12 09/19/06: 12 11/09/07: 12 04/01/08: 12



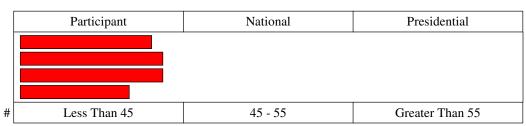
STRENGTH - FitnessGram Push-Ups

05/09/06: 30 09/19/06: 24 11/09/07: 30 04/01/08: 29



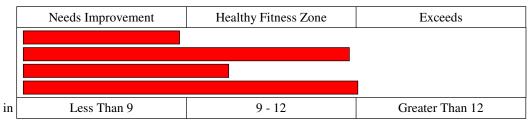
STRENGTH - President's Challenge 1 Minute Curl-Ups

05/09/06: 37 09/19/06: 40 11/09/07: 40 04/01/08: 31



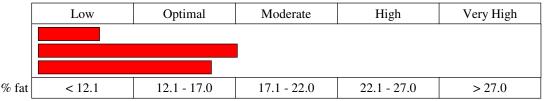
FLEXIBILITY - Sit & Reach (Youth)

05/09/06: 8.1 09/19/06: 12.4 11/09/07: 9.8 04/01/08: 14.4



BODY COMPOSITION

05/09/06: 10.2 11/09/07: 17.2 04/01/08: 16.0



OVERALL FITNESS

