

Neenah Joint School District 410 S Commercial St. Neenah, WI 54956

Picture

Food Allergy and Anaphylaxis Plan

Student	Date	Grade	
Date of Birth	School	Teacher	
Address	Par	rent/Guardian	
City	Zip Code	Home Phone	
Emergency Contacts:			
Name	Number	Relationship	
Name	Number	Relationship	
Name	Number	Relationship	
Allergy to: lbs.	Asthma: Yes (higher risl		
Complete if your child is EXTREMELY REACTIVE:			
Extremely Reactive to the following foods: _ THEREFORE:			
If checked, give epinephrine immediately for ANY symptoms if the allergen was LIKELY eaten.			
	, , , , , , , , , , , , , , , , , , , ,	Y eaten, EVEN IF NO SYMPTOMS ARE NOTED.	

For any **SEVERE SYMPTOMS** after suspected or

known ingestion:

(one or more of the following)

Lung: Short of breath, wheezing, repetitive

cough

Heart: Pale, blue, faint, weak pulse, dizzy

Throat: Tight, hoarse, trouble

breathing/swallowing

Mouth: Significant swelling of the tongue

and/or lips

Skin: Many hives over body, widespread

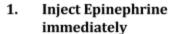
redness

Gut: Repetitive vomiting, severe diarrhea

Other: Feeling something bad is about to

happen, anxiety,

confusion



- 2. Call 911
- Consider giving additional medications:
 - a. Antihistamine
 - b. Inhaler (if wheezing)
 - Lay person flat with legs elevated.
 - If symptoms don't improve or worsen after 5 minutes, give second dose of epinephrine if available.
 - 6. Alert emergency contacts.





For any MILD symptoms from a SINGLE SYSTEM:

Nose: Itchy/runny nose, sneezing

Mouth: Itchy mouth

Skin: A few hives, mild itch Gut: Mild nausea/discomfort



- Antihistamine may be given, if ordered by a provider.
- Stay with person and monitor for changes.
- If symptoms worsen, give epinephrine if ordered. If given, call 911.
- 4. Alert emergency contacts.

FOR MILD SYMPTOMS FROM MORE THAN ONE SYSTEM AREA, GIVE EPINEPHRINE.

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Physician Information Print Name of Provider Clinic Name Phone Number Fax Number Address		
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