

## COUNSELING RESOURCES IN THE FOX VALLEY

Provider	Services Offered	Billing and Insurance Information
<p>PATH Counseling—talk to your school counselor</p>	<p>Counseling for children at the school that the child is attending. This service is provided through the United Way and is for students with barriers for getting therapy (e.g., no insurance, underinsured, transportation issues, etc.)</p>	<p>Accepts most insurance and will work with family without insurance.</p>
<p>Affinity Medical Group affinityhealth.org</p>	<p><b>*Affinity Medical Group no longer provides behavioral health services to patients under 18 years old. All patients under 18 years are referred to Catalpa*</b></p>	
<p>Appleton Psychiatric &amp; Counseling Center 477 South Nicolet Road Appleton 54914 920-882-6610</p>	<p>Child, adolescent, adult and family counseling. Biofeedback, depression, stress, anxiety, gambling, chemical dependency, eating disorders, sexual identity, behavior disturbances. Testing for learning disabilities, ADHD and psychological, sexual abuse, domestic abuse, trauma.</p>	<p>Initial \$210-\$275, follow-ups \$144-\$180. Testing costs vary between type and length of time required. Accepts most insurance.</p>
<p>Boys &amp; Girls Club of the Fox Valley:  Center for Grieving Children 160 S. Badger Avenue Appleton 54914 920-750-5839 Contact: Loris Damerow cgcfvalley.org</p> <p>Youth &amp; Family Counseling 160 S. Badger Ave. Appleton 920-750-5838 Webpage of services: <a href="http://www.bgclubfoxvalley.org/youth-and-family-services/youth-and-family-counseling/">http://www.bgclubfoxvalley.org/youth-and-family-services/youth-and-family-counseling/</a></p>	<p>Peer support programs for youth ages 3 to 18 and the adults who care for them who are grieving the death of a loved one. Support groups are facilitated by trained volunteers and include twice per month</p> <p>Individual, small group and youth-focused family counseling. Responsiveness to emerging and developmental needs of youth and their families. Outreach and educational support to community agencies and schools. Connection to other community resources and services.</p>	<p>Free</p> <p>Free</p>

<p>Catalpa Health 444 North Westhill Boulevard Appleton 54914 920-750-7000 bios: <a href="http://catalpahealth.org/directory/people">http://catalpahealth.org/directory/people</a></p>	<p>Outpatient mental health services to children to age 18 (still in high school). Mental health counseling, psychiatric medication management, psychological/neuropsychological testing.</p>	<p>Accepts most insurance.</p>
<p>Catalpa Health – Access Center 442 North Westhill Boulevard Appleton 54914 920-750-7000</p>	<p>Outpatient mental health initial evaluations for children to age 18 (still in high school).</p>	<p>Accepts most insurance.</p>
<p>Catalpa/CESA 6 Day Treatment for Teens Trasino Center at 1920 N. Casaloma Drive Grand Chute (right next to Timber Rattlers stad.) 920-750-7000</p>	<p>For youth dealing with anxiety, depression, and other treatable mental health issues who do not need inpatient services, but need more structure, support and treatment intensity than outpatient can provide. Two tracks (grades 7-9 and 10-12) and can take up to 20 teens. Typically 4-6 weeks of care.</p>	<p>Accepts most insurance.</p>
<p>Catalpa Health – Oshkosh 1821 Witzel Avenue Oshkosh 54902 – 750-7000</p>	<p>Outpatient mental health services for children to age 18 (still in high school). Mental health evaluations, counseling and psychiatric medical management.</p>	<p>Accepts most insurance.</p>
<p>Catholic Charities 214 East Summer Street Appleton 54911 920-734-2601 <a href="http://www.newcatholiccharities.org/#/counseling">http://www.newcatholiccharities.org/#/counseling</a></p>	<p>Individual, family, general adolescent, compulsive gambling, AODA, pregnancy, adoption and post-abortion counseling.</p>	<p>Insurance, sliding scale, Medical Assistance.</p>
<p>Counseling Specialists 412 E Longview Dr, Appleton, WI 54911 (920) 882-9877 Counseling Specialists bios: <a href="http://www.counseling-specialists.com/staff.php">http://www.counseling-specialists.com/staff.php</a></p>	<p>Depression, anxiety, OCD, ADD, sexual abuse and behavior issues with children, adolescents, and adults. Individual couples, divorce, blended family therapy, play therapy.</p>	<p>Standard fee, insurance, no Medical Assistance.</p>
<p>Esprit Counseling 40 Jewelers Park Suite 200 Neenah, WI 54956 (920) 720-6000 Esprit Staff Bios: <a href="http://www.espritcounseling.com/about_us.html">http://www.espritcounseling.com/about_us.html</a></p>	<p>Full range of counseling services for adults, couples, families and adolescents. Work with both mental health and alcohol/drug abuse needs.</p>	<p>Accepts most insurance.</p>

<p>Family Services 1810 Appleton Road Menasha, WI 54952 920-739-4226 Family Services bios: <a href="http://www.familyservicesnew.org/counseling-clinic/staff/">http://www.familyservicesnew.org/counseling-clinic/staff/</a></p>	<p>Child, adolescent, family, individual and couple counseling. Play therapy and EMDR.</p>	<p>Most insurance, HMO's with referral as needed, \$125/hour; sliding fee, Medical Assistance, Medicare.</p>
<p>Lutheran Social Services 3003A North Richmond Street Appleton 54911 (920) 730-1321 LSS bios: <a href="http://www.lsswis.org/LSS/Services/Counseling/Counselor-Biographies/Appleton.htm">http://www.lsswis.org/LSS/Services/Counseling/Counselor-Biographies/Appleton.htm</a></p>	<p>Counseling for children, adults, couples and families. Depression, self-esteem, alcohol and drug prevention, eating disorders, anger management, effects of divorce on children, relaxation and attachment issues. Services are available to people of all faiths.</p>	<p>Accept most Commercial insurance and Medical Assistance. Sliding fee scale - Intake \$30, Session \$20.</p>
<p>Options Treatment Programs Inc. 1000 North Lynddale Drive, Suite C Appleton 54914 920-735-9010 optionstx.com</p>	<p>Services for substance abuse and mental health: Adolescent and adult evaluations/ assessments, adolescent primary outpatient programming (POP), intervention, aftercare, individual and family counseling. Urine analysis.</p>	<p>Insurance. AODA Assessment: \$190. Individual counseling \$135/hr. Group counseling \$45/hr. Mental health assessment \$190. Medical Assistance.</p>
<p>Reach Counseling Services (for those affected by abuse) 1509 S. Commercial St. Neenah, WI 54956 920-722-8150 <a href="http://www.reachcounseling.com/about-us/staff.html">http://www.reachcounseling.com/about-us/staff.html</a></p>	<p>Individual, family and group counseling to children, teens, and adults experiencing mental health issues. Emphasis on sexual abuse and trauma related problems. Can advocate for abuse victims in court (e.g., restraining orders) and will go to a hospital with a victim of abuse.</p>	<p>Medical Assistance, insurance, sliding fee based on income and family size. FREE counseling for children ages 4-12 who have been abused or have witnessed domestic violence.</p>
<p>Samaritan Counseling Center of the Fox Valley Kenwood Center 1478 Kenwood Drive Menasha 54952 920-886-9319 Samaritan bios: <a href="http://samaritan-counseling.com/our-therapists/">http://samaritan-counseling.com/our-therapists/</a></p>	<p>Counseling for children, adolescents, adults and families. Some ADHD screening. Counselors see children as young as 3 years of age. Counseling services available in Spanish and Portuguese.</p>	<p>Insurance, Medical Assistance. Sliding fee scale for uninsured families.</p>

<p>Sandbox Family Counseling, LLC  Meridith N. Starling, CISW, MSSW  124 W. Wisconsin Ave, Suite 90 B  Neenah, WI 54956  920-725-3505  Sandboxfamilycounseling.com</p>	<p>Sandbox Family Counseling provides treatment for children with behavioral and emotional needs. Appointments often available within one week of calling. Uses Play Therapy methods and develops a personalized plan for each child. Collaborates with teachers, parents, and other caregivers.</p>	<p>Multiplan/Aetna/Health EOS  Most EAP Plans  Meritain  Network Health Plan  Partners in Behavioral Health/Trilogy /Cypress  Sliding Scale Fees offered for those in need</p>
<p>St. Elizabeth Hospital Child and Adolescent Program 1506 South Oneida Street  Appleton 54915  920-738-2490  affinityhealth.org</p>	<p>Inpatient psychiatric diagnostic and treatment program.</p>	<p>Insurance, HMO coverage, Medical Assistance.</p>
<p>Thedacare  thedacare.org</p>	<p><b>Thedacare Medical Group no longer provides behavioral health services to patients under 18 years old. All patients under 18 years are referred to Catalpa.</b></p>	
<p>Wellness Counseling Center  103 West College Avenue, Suite 815  Appleton 54911  920-733-1992  wellnesscenter-appleton.com</p>	<p>Family/couple/individual/group therapy; stress management counseling. Children and family issues, grief and loss, teen adjustment issues, depression, anxiety/obsessiveness, eating disorders/body dissatisfaction, self-esteem counseling.</p>	<p>Insurance and Medicare. Check for individual counselor rates</p>
<p>Winnebago County  Department of Human Services—  Mental Health Clinic  211 N. Commercial Street  (920) 729-2777  Website:  <a href="http://www.co.winnebago.wi.us/human-services/divisions/behavioral-health/child-adolescent-counseling">http://www.co.winnebago.wi.us/human-services/divisions/behavioral-health/child-adolescent-counseling</a></p>	<p>Walk in clinic on Tuesday and Thursday 8am-3pm in Neenah. Typically, this is for "uninsured" individuals. However, they meet with families that do have insurance and make recommendations to other resources.</p>	<p>Medical Assistance; sliding fee is family has no third party ability to pay; privately insured parties are referred out to private agencies.</p>
<p>Day Treatment at Northwest Journey in Green Bay  Day Treatment at Family Services in Green Bay</p> <p>Psychiatrists:  John Korger, MD--Psychiatric Consultants in Neenah  Dean Smith, MD--Catalpa in Appleton  Mark Rovic, MD--Catalpa in Appleton  Richard Barthel, MD--Telemedicine</p>		